

CAREGIVERS HOME HEALTH SERVICES



RESOURCE GUIDE





WELCOME TO CAREGIVERS

QUALITY CARE WHEN YOU NEED IT THE MOST

Welcome to Caregivers Home Health Services! We are a skilled home health care company that has been proudly operating since 1997. Medicare and Medicaid certified, and Accredited by the Joint Commission, we are your new trusted home healthcare company.

Please note:

The following information is meant to be used as a guide to help navigate medical interventions you may benefit from. Please speak with your doctor about your medical treatments.



4.5/5 Star Rating given by the Centers for Medicare & Medicaid Service

WHAT WE OFFER

Caregivers Home Health Services offers a wide variety of skilled professional healthcare in your home. We are committed to helping homebound patients access quality care without having the burden of leaving their homes.

Our company provides intermittent services from Registered Nurses, Licensed Practical Nurses, Certified Nursing Assistants, Physical Therapists, Occupational Therapists, Speech Therapists, and Social Workers.

INDICATORS YOU MAY NEED SKILLED HOME HEALTH CARE

Home health care provides intervention to patients that are unable to leave their homes without a taxing effort. This could be for a short period of time due to a recent injury or surgery; or they may be homebound due to a chronic illness or lack of mobility.

In order to qualify for Skilled Home Health Care, the first ***requirement*** is to be homebound. Homebound is defined as, "unable to leave one's house, typically due to illness or old age; housebound."*

INDICATORS YOU MAY NEED RNS/LPNS/CNAS

- Does not understand medication regimen
 - "I'm not having (symptom) anymore, so I'm not sure whether or not to keep taking this."
 - "I don't like how it makes me feel sick. I'm avoiding it as much as possible."
- Inability to read is affecting medication compliance
- Limiting medication use to save drug/money
 - "I only take it when I really need it."
- Limiting medication use due to addiction concerns
 - "I only take it when I can't stand it anymore"
- Taking too much medication
 - "Even doubling the amount isn't fixing the (symptom)"
- Forgetting medication
 - "I can't remember if I took it."
- Post & Pre operation care
- Wound care
 - Pressure Ulcer
 - Stasis Ulcer
 - Lymphedema
- Intravenous therapy
- Diabetic Management
- Blood Pressure Management
- Chronic disease management
- High Risk for rehospitalization
 - Frequent Emergency room visits
 - Multiple medications (5 or more)
 - Inadequate support from family

INDICATORS YOU MAY NEED PHYSICAL THERAPY

- Weakness and Gait Instability
 - Walking appears unsafe
 - Falls
 - New need for walker, cane, or wheelchair
 - Unable to get in/out of chairs
- Orthopedic Care
 - Following surgery
 - Knee replacement/surgery
 - Hip replacement/surgery
 - Shoulder surgery
 - Spinal Surgery
 - Pain or arthritis
- Chairbound/Bedbound
 - Newly unable to move around
 - Skin breakdown and wounds
- Neurological Conditions (Parkinson's disease, Multiple Sclerosis, Stroke)
 - Unsteady walking
 - Decline in ability to stand and walk
 - New need for wheelchairs or walkers
 - Falls
- Dementia
 - Falls
 - Reduction in movement/Prolonged sitting
- Cardiac or Pulmonary Issues
 - Shortness of breath
 - Swelling
 - Difficulty moving around/Falls

INDICATORS YOU MAY NEED OCCUPATIONAL THERAPY

- Activities of Daily Living
- Difficulty with normal hygiene routines
 - Bathing
 - Grooming
- Loss of previously easy skills (may be due to pain)
 - Learn skills
 - Relearn skills
- Memory Problems
 - Learning new memory enhancing techniques

INDICATORS YOU MAY NEED SPEECH THERAPY

- Difficulty swallowing
- Difficulty eating
- Relying more heavily on non-verbal cues/communication
- Not responding to questions
- Voice hoarseness

INDICATORS YOU MAY NEED A SOCIAL WORKER

- Community Resources
 - Food Assistance
 - Financial Assistance
 - Housing Assistance
 - Affordable Senior Housing
 - Affordable Housing for Level of Needs/Care
- Medicaid Application Assistance
- Short-Term Case Management
 - Application for Benefits Assistance
 - Arranging Transportation to Referrals for Medical or Mental Health Services

RESOURCES

FOR MORE COMMUNITY AND
HEALTH RESOURCES, VISIT US AT
OUR WEBSITE!
CAREGIVERSHHS.NET



CENTERS FOR DISEASE CONTROL AND PREVENTION

The CDC provides important information about most diseases, including diabetes, cardiovascular disease, and the flu. Simply log onto their website, and search for the information you need.



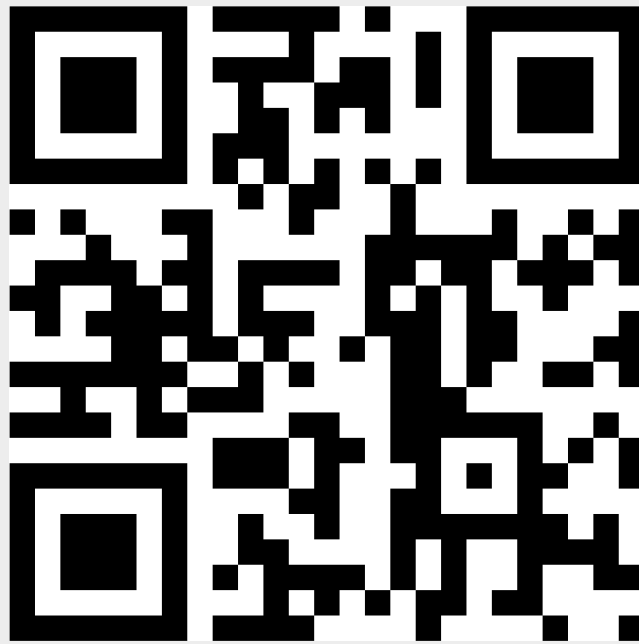
HEALTHY PEOPLE 2030

Providing comprehensive public health statistics, organized by area, socioeconomic groups, age groups, and many more categories; this program helps to identify health problems and how to address them. Simply log onto their website and search for the information you need.



CENTERS FOR MEDICARE AND MEDICAID SERVICES

Overseeing Medicare and Medicaid, CMS is a great resource to ensure your understanding of your state's Medicare and Medicaid programs. Use this website to learn about the healthcare programs you're currently enrolled in and find out if you're eligible for other resources. Simply log onto their website and search for the information you need!



CONTACT US

8500 Leesburg Pike, Suite 500, Tysons, VA
703-532-6210 | <http://caregivershhs.net>