PHONE: 703-532-6210 FAX: 703-532-6718



Indicators You May Need Physical Therapy

instability, resulting in walking feeling unsafe.
You have a new need for walking device assistance such as a cane, walker or wheelchair
You recently underwent orthopedic surgery such as a knee or hip replacement, shoulder surgery or spinal surgery
You are chairbound or bed bound
You have had recent falls
You have had a recent reduction in movement or difficultly moving around