

After developing pneumonia, it often takes 6-8 weeks until a patient returns to a normal level of functioning and well-being.*

We can help your patients recover from pneumonia or flu in the comfort of home. Here's how:

- Assess breathing and lung status on every visit
- Instruct patients on signs and symptoms of complications and when to notify the MD
- Track and monitor fluid intake and nutrition
- Teach breathing exercises to expand lungs and practice deep coughing to cleanse lungs
- Nebulizer education and treatment for effectiveness of use
- Medication management and education
 - Proper dosage
 - Frequency
 - Side effects
 - Interactions
- Physical therapy for strength and endurance
- Occupational therapy for the gradual resumption of ADLs and energy conservation
- Help reduce hospitalizations

Helping clients get back on their feet and breathing easy.

Call Caregivers Home Health Services
Today For More Information!

703-532-6210